



RIVERSIDE PRIMARY SCHOOLS
WINTER MENU 2018
Term 2 / Term 3

How to order:

We are now a QuickCliq Member! So please visit the following link:

www.QuickCliq.com.au

Click on Riverside Primary Schools

Register & place your **RECESS** and/or **LUNCH** order by 9.30am.

The success of our canteen relies **heavily on the support** of our volunteers. **IF YOU CAN HELP** please come and see me so I can add your name to the roster. Thank you Trudy & Moni.

Monday, Wednesday & Friday ONLY
RECESS

G Pizza	\$2.00
G 3x chicken strips	\$1.50
A Hash brown	\$0.50
A ½ hot dog	\$2.00

Tuesday & Thursday ONLY RECESS

G ½ Ham & Cheese Pocket	\$1.50
A ½ Hot Dog	\$2.00
A Party Pie	\$0.50
A Sausage Roll	\$0.50

OTHER LUNCH ITEMS

G Soup ½ roll or 1 slice of bread & butter	\$4.00
G Chicken Chilli Wrap	\$6.00
A Hot Ham Roll	½ \$2.00 full \$4.00
A Hot Chicken Roll	½ \$2.50 full \$5.00
G Salad Plate	\$5.00
G Salad Bowl	\$6.00
G Macaroni Cheese	\$4.50
G Fried Rice	\$4.50

*****Soup, Mac Cheese, Fried Rice, Spaghetti Bolognese and RECESS Sausage Rolls are being homemade on Canteen Premises.*****

***** DAILY MEAL'S *****
\$ 6.00

A Monday Pastry Day

Giant Sausage roll & drink

or

Mrs. Mac's Pie & drink

or

Snack Pies \$1.00 each

G Tuesday

Bangers and Mash & serve mixed veg & drink

G Wednesday

BLT / Roll

(Bacon Lettuce and Tomato Sauce) & drink

or

A Mc'Cain's Cheese & Bacon Pizza
\$3.20

G Thursday

Spaghetti bolognese
small green salad
& drink

A Friday

Nuggets and potato gems
& drink

www.riversidepandc.tidyhq.com.au

riversidepandc@yahoo.com.au

Canteen Mobile: 0459 565 827

Trudy (Canteen Manager)

Or 0410 581 525 Moni (Canteen Convenor)

RIVERSIDE PRIMARY SCHOOLS

Winter Menu 2018

Term 2 / Term 3

SANDWICHES & ROLLS

<u>G</u> Vegemite	\$2.00	\$3.00
<u>G</u> Cheese	\$2.50	\$3.50
<u>G</u> Salad	\$3.00	\$4.00
<u>A</u> Ham	\$3.00	\$4.00
<u>A</u> Ham & Mayo	\$3.50	\$4.50
<u>A</u> Chicken	\$3.50	\$4.50
<u>A</u> Chicken & Mayo	\$4.00	\$5.00
<u>G</u> Tuna	\$3.00	\$4.00
<u>G</u> Curried or Plain	\$3.00	\$4.00

Please Note: We will be using Wholemeal Bread. White available on request.

TOASTED SANDWICHES

<u>G</u> Cheese	\$3.70
<u>A</u> Ham	\$3.80
<u>A</u> Chicken	\$4.00
<u>A</u> Ham & Cheese	\$4.20
<u>G</u> Cheese & Vegemite	\$3.80
<u>G</u> Cheese & Tomato	\$4.20
<u>G</u> Chicken & Cheese	\$4.50
<u>G</u> Tuna & Cheese	\$4.20
<u>G</u> Ham Cheese & Tomato	\$4.80
<u>G</u> Chicken Cheese & Tomato	\$5.00
<u>G</u> Ham Cheese & Pineapple	\$4.80
<u>G</u> Chicken Cheese & Mayo	\$5.00

Please Note: We will be using Wholemeal Bread. White bread available on Request.

EXTRAS

<u>G</u> Mayo, Tomato, Beetroot or Pineapple	\$0.50
<u>G</u> Lettuce, Carrot or Cucumber	\$0.50
<u>G</u> Cheese	\$0.80
<u>A</u> Sauce	\$0.30
<u>G</u> Egg	\$1.00

DRINKS

Water Bottle	\$2.00
Plain Milk	\$1.50
Small Choc Chill	\$2.10
Milo (Tetra Pack)	\$2.00
Juices (ASSORTED)	\$2.00
Up & Go	\$2.10
Chill J Raspberry	\$2.20
Chill J Black Currant	\$2.20
Parents Only	
Browne's Iced & Percolated Coffee	\$4.00

****SWEET TREATS****

AFTER LUNCH ONLY!

Vanilla Tub	\$1.00
Mini Calypo	\$1.00
Quelch Stick	\$1.00
½ Quelch Stick	\$0.50
Paddle Pop	\$1.50
Shakey Shake	\$2.00

****ALSO AVAILABLE!!****

<u>G</u> Fruit (seasonal)	\$1.00
<u>G</u> Vegie Packs (celery carrot and cheese)	\$1.00
<u>G</u> Small Fruit Salad (seasonal)	\$1.00
<u>A</u> Vegie Chips	\$1.00
<u>A</u> Jelly	\$1.00
<u>A</u> Jelly Custard	\$1.50
Vanilla Yoghurt	\$2.20
Strawberry Yoghurt	\$2.20
Popcorn	\$0.20

Time permitting:

<u>A</u> Muffins	\$2.00
<u>A</u> Anzac Biscuits	\$0.50
<u>A</u> Banana Bread	\$1.00
<u>A</u> Pikelets	\$0.50

TRAFFIC LIGHT SYSTEM

Our school adheres to the Traffic Light System introduced by the Government in 2006. This policy places foods into categories based on a Traffic Light.

Our menu must comply and consist of a minimum of 60% Green.

(G) Green - Must predominantly fill the menu.

(A) Amber - Select carefully and limit sales.

(R) Red - Off the menu.



You can now select healthier options by choosing foods with the letter G before the food item.